



INSTITUTE FOR  
SPORTS MEDICINE

**UConn ISM Annual Conference  
Overhead Athlete  
Monday, December 4, 2023  
Rentschler Field, Pratt and Whitney Stadium**

7:30-8:00	Registration
8:00-8:05	Welcome: Laurie Devaney PhD, Cory Edgar MD (Co-Directors of UConn ISM)
8:05-8:45	<b>Keynote Lecture</b>
8:05-8:45	<b>KEYNOTE</b> <i>Topic: Athlete Safety in Overhead Sports</i>
8:45-10:30	<b>Session 1-The Data- Diving into Epidemiology/Risk Factors</b>
8:45-9:05	<b>Chelsea Martin</b> <i>Epidemiology/Injury Trends in Overhead sports</i>
9:05-9:25	<b>Laurie Devaney</b> <i>Risk factor assessment for Arm Injury in Overhead Athletes</i>
9:25-9:45	<b>Donna Scarborough</b> <i>The Role of Biomechanics in Injury Assessment and Prevention</i>
9:45-10:05	<b>Joel DeMarco</b> <i>Data science- putting it all together for injury prevention and performance</i>
10:05-10:35	<b>Panel discussion and Q &amp; A- all speakers</b>
10:35-10:45	<b>Break &amp; Networking</b>
10:45-11:45	<b>Session 2-Updates in Surgical Management of Throwing-related arm injury</b>
10:45-11:15	<b>Cory Edgar</b> <i>Elbow</i>
11:15-11:45	<b>Brian Waterman</b> <i>Shoulder</i>
11:45-12:30	<b>LUNCH</b>
12:30-1:15	<b>Session 3: Managing Return to Sport Decisions in the Overhead Athlete</b>
12:30-12:50	<b>Billy Marrone/Catie Dann</b> <i>Return to Sport Testing and Decisions</i>
12:50-1:10	<b>Patti Kula</b> <i>Return to sport program: The Javelin Athlete</i>



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1:15-1:45	<b>Panel Discussion</b>
1:45-3:00	<b>Breakout Sessions:</b>
1:45-3:00	<b>Evidence-Based Return to Sport Testing</b> <i>What tests to use &amp; how to perform them</i>
1:45-3:00	<b>Markerless Motion Capture</b> <i>Exploring cutting edge technology utilizing deep learning markerless motion capture</i>
3:00-3:15	<b>Wrap up and Closing Remarks</b> Laurie Devaney PhD, Cory Edgar MD