

SAFETY ENLIGHTENMENT

KOREY STRINGER INSTITUTE

1

Myth
If it's not raining or
cloudy, you're safe
from lightning

2

Myth
A lightning strike victim
carries a charge and
should not be touched

3

Myth
In the event of a lightning
strike, the rubber in a car's
tires protect occupants from
being harmed

4

Fact
If struck, it is the metal frame of the
car that provides protection. The
charge travels through the frame and
into the ground without harming
occupants if they avoid touching
anything that conducts a charge

5

Fact
If you hear thunder, lightning is
nearby. Lightning often strikes
over 10 miles from the center of
a thunderstorm

6

Fact
Lightning travels at about
220,00000 mph and will have
exited the body by the time you
approach. Check for pulse and
render first aid if possible. Call
911 immediately.

Protect Your Property



Unplug appliances and other electrical items, such as computers and televisions, to prevent damage from surges caused by lightning strikes.

Surge Protectors



Surge protection can help prevent damage to your electronics. There are two types of surge protection:

Point-Of-Use Surge Protection - Protects only the items that are directly plugged into the device from most electrical surges.

"Whole Home" Surge Protection - Located at your main electrical panel or the base of the electric meter, this device provides protection for your entire electrical system.

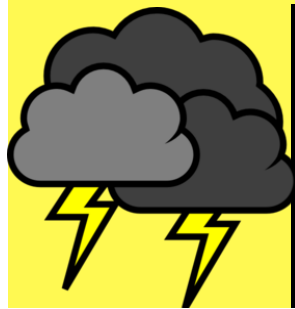
However, neither type can safeguard against a direct lightning strike. If you live in an area prone to lightning, consider a **lightning protection system**.

Protect Yourself

Don't touch concrete surfaces, including those in a basement or garage. Lightning can travel through metal wires in concrete walls and flooring.

Stay off corded phones and plugged-in electronics. Avoid plumbing and water, including bathing or doing laundry.

Never seek shelter under trees, poles or other tall structures as they are more likely to be struck by lightning.



"When Thunder Roars, Go Indoors"

When you hear thunder you are close enough to be struck by lightning. Immediately seek shelter indoors or in a hardtop vehicle and remain until you have not heard thunder for 30 minutes.